



EMPIRE ICE HOCKEY

UP COMING PROGRAM •

TRAIN. COMPETE. IMPROVE.

Class C & Class D - SEASON #3

C3 & D3 Programs: The journey from practice to game day.

STRATEGY &
DEVELOPMENT

FULL SEASON ROADMAP

WHAT YOU WILL GET FROM THIS SEASON

Our program delivers a holistic development experience, enhancing skating, puck skills, game intelligence, fitness, and confidence while fostering teamwork.

BETTER SKATING

Enhance your agility, speed, and edge control—the foundation of a great player.

SMARTER DECISIONS

Develop your hockey IQ to read plays, anticipate movements, and make effective decisions.

GAME CONFIDENCE

Gain invaluable experience and composure by competing in our 6-game Empire tournament series.

ADVANCED PUCK SKILLS

Master puck handling, passing, and shooting to control the game.

STRONGER FITNESS

Build strength, endurance, and athleticism through dedicated off-ice training sessions and correct hockey posture.

NEW TEAMMATES

Train and compete alongside fellow dedicated players, building friendships and teamwork skills.



GAME PLAY

TEAM DYNAMICS

Advanced training sessions focus on real game scenarios, defensive positioning, and coordinated team strategies that build competitive play skills.

Players learn to read the ice, anticipate opponent moves, and execute complex plays. Emphasis on communication, quick decision-making, and maintaining formation under pressure creates game-ready athletes.



OFFENSIVE PLAY

Breakout patterns & scoring



DEFENSE

Zone coverage & checking



COMMUNICATION

On-ice coordination calls



CONDITIONING

Endurance & agility drills



COURSE
OVERVIEW

CLASS D3: PROGRESSION

BEGINNER TO ADVANCED

Designed for players who have mastered the basics and are ready for a greater challenge. This program accelerates development by introducing more advanced concepts and increasing the intensity of drills and gameplay.

◎ PROGRAM FOCUS

Class D3 builds upon existing skills with a faster-paced curriculum. Players will engage in more complex drills, tactical instruction, and competitive scenarios designed to push players to refine their technique and decision-making.

⌚ SCHEDULE

Saturdays

9:15 PM - 10:15 PM

✖ REQUIREMENTS

Min. 1 Year Exp.

Ages U6 - U14 (5-13 years)



— COMPREHENSIVE
DEVELOPMENT

39 HOURS TOTAL WHAT'S INCLUDED

The Full Program is a comprehensive development journey integrating three critical components to build a well-rounded and resilient athlete.

14 ON-ICE TRAINING

DAYS

These sessions are the core of the program, where players learn and refine fundamental and advanced skills under the guidance of our expert coaches.

06 EMPIRE TOURNAMENTS

EVENTS

Game days where skills are put to the test. Tournaments provide crucial experience in a competitive setting, teaching positioning and pressure performance.

07 OFF-ICE CONDITIONING

SESSIONS

Building essential strength, agility, and endurance that translate directly to improved performance and injury prevention on the ice.





— THE EMPIRE TOURNAMENT
SERIES

HOW TOURNAMENTS MAKE YOU BETTER

Tournaments are the ultimate learning environment. Players accelerate their development by applying skills in a live, high-pressure competitive context.

TACTICAL POSITIONING

Real-time understanding of where to be in relation to the puck and opponents.

EFFECTIVE TEAMWORK

Communication and cohesion to function as a unified unit towards a goal.

DECISIONS UNDER PRESSURE

Learning to make smart, rapid choices in a fast-paced environment.

RESILIENCE

Managing emotions and high-stakes pressure with sportsmanship and focus.

 SCHEDULE: 6 tournament game days (at Empire rink) are between 1:00 PM and 6:00 PM.

year 2026: 31/1 28/2 21/3 18/4 16/5 6/6

TRAINING DATES

This schedule outlines all 14 on-ice training sessions for the season. Dates are consistent for both Class C3 and Class D3.

Venue: The Elements rink

Time (Class C) : 8:15PM - 9:15PM

Time (Class D) : 9:15PM - 10:15PM

JANUARY

17
ISI MODE
TEST

24

FEBRUARY

7 14

MARCH

7 14 28

APRIL

11

MAY

2 9
23 30

JUNE

13 20

TOTAL SESSIONS:

14

January 17 — June 20

Mark these dates on your calendar.

OFF-ICE TRAINING TIMES

Venue: The Elements rink.

Enhancing on-ice performance through focused, age-appropriate conditioning. Class C3 and Class D3 schedules below.

CLASS C3

⌚ 7:00 PM - 8:00 PM

- January 17
- February 7
- March 7, 28
- May 2, 23
- June 13

CLASS D3

⌚ 8:00 PM - 9:00 PM

- January 24
- February 14
- March 14
- April 11
- May 9, 30
- June 20



SEASON INVESTMENT

FEES & PACKAGES

We offer a variety of packages to fit your commitment level and goals. Choose the path that works best for you.

BEST VALUE

FULL PROGRAM
\$17,200

INCLUDES

- ✓ 14 Training Days (39 Total Hours)
- ✓ 6 Tournaments Included
- ✓ 7 Off-ice Sessions

TRAINING ONLY
\$9,100

INCLUDES

- All 14 On-ice training lessons
- *Tournaments and Off-Ice Sessions are excluded*

FLEXIBLE OPTIONS

Walk-in Lesson	\$700
Pay per single training session	
Try Out Lesson	\$550
One-time assessment session	
Gear Rental	\$30
Fee per lesson to borrow equipment	

FASTEST WAY TO JOIN THIS SATURDAY

01 **BOOK A TRYOUT (\$550)**

Contact us to schedule. This is the best way for us to assess skill level correctly.

02 **CONFIRM CLASS PLACEMENT**

Coaches recommend Class C3 or D3 based on the tryout assessment.

03 **CHOOSE YOUR PACKAGE**

Select Full Program, Training Only, or Walk-in options.

04 **ARRANGE YOUR GEAR**

Bring your own or borrow from us (\$30/lesson).

05 **SHOW UP & PLAY**

Arrive at Elements Rink on time and hit the ice!



READY TO START?

Contact Us to Register



LEADERSHIP

COACHING TEAM

Our Coaching Philosophy

Our team is focused on developing not just skilled hockey players, but also resilient and confident individuals. We maintain high standards for effort and discipline while ensuring that every player receives the support they need to improve and enjoy the game.

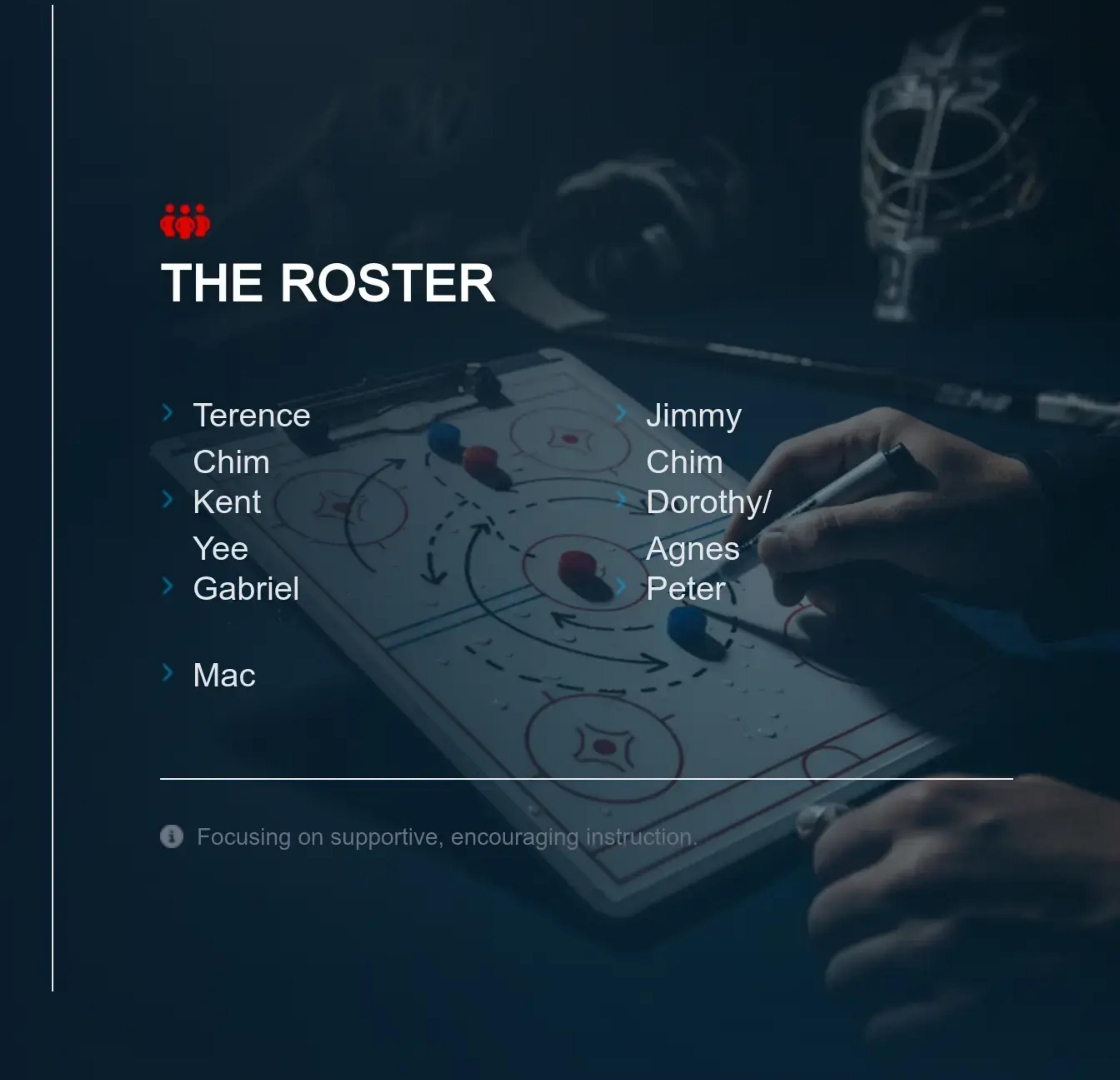
● SKILL • CHARACTER • EXCELLENCE



THE ROSTER

- Terence Chim
- Kent Yee
- Gabriel
- Mac
- Jimmy Chim
- Dorothy/ Agnes
- Peter

● Focusing on supportive, encouraging instruction.



HIGHLIGHTS: TRAINING & TOURNAMENT MOMENTS

Our program captures the essence of the game: players working hard in training, playing smart in matches, and enjoying team camaraderie.

🏃 WORK HARD

Players engaged in a high-intensity drill, pushing their limits.

😊 ENJOY THE GAME

Teammates celebrating a goal and sharing the joy of victory.

🏆 TEAM HUDDLE

A coach providing crucial instruction and motivation during a timeout.

💡 PLAY SMART

A player making a strategic pass during a competitive scrimmage.

🏋️ OFF-ICE POWER

Athletes building strength during a focused conditioning exercise.

🏆 GAME DAY ACTION

A snapshot capturing the intensity from one of the Empire tournaments.

Empire Ice Hockey Club website:
www.empireskate.asia/

For any inquiries, please Whatsapp Mia (852) 53306887



Please register for Class C3 or Class D3 via this link:
<https://empire.booking.dynevents.com/en/>

Remarks: Online registration opens on 7/1/2026